



All your local doctors in one convenient location

**GET TO KNOW YOUR DOCTORS**

**El Camino Pediatrics**

Specialty: Pediatrics

El Camino Pediatrics was founded in 1974 to provide pediatric service to the North County area of San Diego. As a pediatric group, they are committed to providing education, assurance and quality of care to families.

The philosophy at El Camino Pediatrics is to combine expertise and education with quality care. This dedication to quality is reflected in how they select physicians and staff members, and in their extended office hours and other services. They provide well and sick child visits for children of all ages, from newborns through adolescents, and minor surgical procedures.

They currently have 11 pediatricians, one physician's assistant, and one pediatric nurse practitioner providing direct patient care for children. All physicians are board certified and Fellows of the American Academy of Pediatrics (F.A.A.P.). To learn more about El Camino Pediatrics, or to schedule an appointment, visit [www.elcaminopediatrics.com](http://www.elcaminopediatrics.com) or call (760) 753-7143.



**NORTH COAST HEALTH CENTER**

477 N. EL CAMINO REAL  
ENCINITAS, CA 92024

For more than 25 years, physicians at North Coast Health Center have been providing highly personalized care to coastal north San Diego County. With more than 250 physicians to choose from, North Coast Health Center patients have access to primary care, a surgery center, pharmacy, lab, imaging, and over 45 medical and dental specialties all in one convenient location.

To find the right doctor for you, visit:  
[www.NorthCoastHealthCenter.com](http://www.NorthCoastHealthCenter.com)



**El Camino Pediatrics**

Parents know that inevitably children don't only become ill during weekdays.

El Camino Pediatrics recognizes this and has gone above and beyond to make sure their patients can schedule doctor visits at times that work for their busy schedules.

So in addition to evening hours Monday through Thursday, El Camino Pediatrics offers weekend hours for sick children.

El Camino Pediatrics offers full pediatric care for children from birth to age 19. In addition to well visits, they provide specialized care for children with a variety of conditions.

For example, Dr. Christine Wood is an expert on nutrition and eating disorders and Dr. Nicholas Levy has a special interest in ADHD and school problems.

Dr. Michelle Dern is the county expert on foreign adoptions.

Pediatric Nurse Practitioner Natalie McNally has been trained as an asthma educator and provides expert consultation to patients with asthma.

Not only does El Camino Pediatrics provide standard health care, but they spend time on patient education wherever possible.

"We pride ourselves in educating patients and parents in preventative

nity, but it is the El Camino Pediatrics standard of care and has been since the practice began in 1974.

"We also have experienced RNs who provide nurse triage all day long and late at night, answering telephone calls from our patients."

One current concern for many is the flu season, which is making headlines locally.

"Influenza is most dangerous for pregnant women, infants and the elderly and for children with asthma, heart disease and diabetes.

"Those with symptoms of sudden onset of high fever, body aches, chills, headache and cough should be seen early in the illness," Dr. Levy cautions.

He added that there is medication that can help reduce the duration and intensity of symptoms, but it works best when started early.

El Camino Pediatrics' impressive roster includes Fred Frumin, M.D.; Rosalind Dockweiler, M.D.; Gary Gross, M.D.; Nicholas Levy, M.D.; Christine Wood, M.D.; Sangita Bhasin, M.D.; Julie Snyder-Block, M.D.; Valerie Rubin, M.D.; Michelle Dern, M.D.; Guia Escuro, M.D.; Kevin O'Leary, M.D.; Katie Dominguez, M.S., P.A.; and Natalie McNally, P.N.P.

Some of the doctors hold academic appoint-

*"This is not the standard of care in the community, but it is the El Camino Pediatrics standard of care..."*

Dr. Rosalind Dockweiler  
El Camino Pediatrics

health care in addition to providing information about diseases in children.

"We also have devices that allow us to test the vision of infants as young as 6 months and to check the hearing in those over a year old," said Dr. Nicholas Levy.

He also said that they recently added EKGs for athletes to their services.

The services and expertise offered by the doctors of El Camino Pediatrics aren't the practice's only distinguishing features.

El Camino Pediatrics has received local honors such as Best of Encinitas in 2009 and Best Pediatricians by Ranch & Coast Magazine in 2009 and 2010.

What is it about this practice that resonates with parents?

"Our physicians personally call back each and every patient that we see in the office for an illness or for a well check," said Dr. Rosalind Dockweiler.

"This is not the standard of care in the commu-

ments at UCSD and are involved with teaching the medical students and residents, keeping up to date with the latest medical information and technology.

Additionally, some of the doctors sit on several boards and committees at Rady Children's Hospital and at the AAP.

All of the physicians are board certified and Fellows of the American Academy of Pediatrics.

El Camino Pediatrics' main office is located at 477 N. El Camino Real, Suite B105 in Encinitas.

They are open Monday through Thursday from 8:30 a.m. to approximately 7 p.m., Friday from 8:30 a.m. to 5 p.m., Saturday 9 a.m. to approximately 2 p.m. and Sunday 9 a.m. to approximately 4:30 p.m.

Weekend and evening hours are reserved for sick children.

Be sure to visit El Camino Pediatrics' comprehensive website at [elcaminopediatrics.com](http://elcaminopediatrics.com) for more information and to learn more about the doctors and staff.