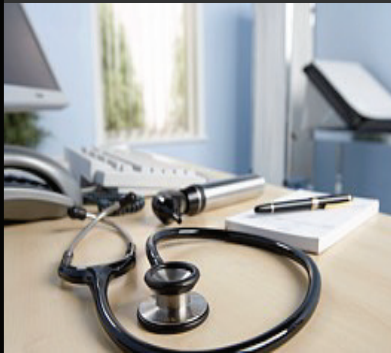




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**GET TO KNOW YOUR LOCAL DOCTORS**

**Advanced Dermatology and Cosmetic Surgery**

Specialty: Dermatology and Cosmetic Surgery

Dr. Lashgari and his staff at Advanced Dermatology and Cosmetic Surgery have been providing the most advanced dermatology and cosmetic surgery services in the Encinitas area since 1999. Dr. Lashgari is truly excited to have Dr. Lloyd join the practice.



Some of the services they provide include: general dermatology, removal of skin cancers (including Mohs Surgery), and cosmetic procedures such as tumescent liposculpture, laser rejuvenation, eye lid surgery, fillers, Botox®. Aesthetician services, including acne facials and chemical peels, are also provided.

Dr. Lashgari, Dr. Lloyd and their team look forward to helping you get the healthy, glowing skin you've always wanted. To learn more about Advanced Dermatology and Cosmetic Surgery, or to schedule an appointment, visit [www.drlashgari.com](http://www.drlashgari.com) or call (760) 436-8700.



**NORTH COAST HEALTH CENTER**

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Ask the **EXPERT** 2016

**RESOLVE TO FEEL CONFIDENT IN YOUR SKIN THIS NEW YEAR**

**DR. AMANDA LLOYD WANTS TO HELP YOU LOOK YOUR NATURAL BEST**

The start of a new year tends to be a time for people to look for ways to improve their health and appearance. Many resolve to go to the gym regularly or start a post-holiday diet to start the New Year right. However, most people find that creating – and keeping – a New Year's resolution throughout the year can be a daunting task.

Dr. Amanda Abramson Lloyd, a board certified dermatologist at Advanced Dermatology and Cosmetic Surgery in Encinitas, wants to help patients feel confident in their skin not just this month, but for the whole year through and for the years to come. Her goal is to work with you to treat your skin cancers leaving only imperceptible scars, to eradicate your pre-cancers and to take the very best possible care of your skin.

Providing superb care to your skin is Dr. Lloyd's top priority. Not only will she find and treat any skin cancers but she will work with you to come up with a regimen to maintain your skin's health. "Sometimes just addressing that 'one little thing' you see in the mirror every day can make a world of a difference in the way you see yourself," explains Dr. Lloyd. Additionally, the American Academy of Dermatology recommends that everyone have at least a baseline full skin examination. Dr. Lloyd explains that having a baseline full body skin examination is essential to staying healthy because she often finds concerning lesions the patients do not even know are present on their skin. Patients often do not look at places like the bottom of the feet where Dr. Lloyd has found melanomas in the past.

Dr. Lloyd believes in providing personalized, tailored care with lasting results so patients feel confident in their skin.

Dr. Lloyd knows males and females have different skin and will personalize a regimen for each patient to help meet each individual's specific skin care needs. She is well trained in all aspects of dermatology including laser and cosmetics, skin cancer management including Mohs surgery and cosmetic reconstruction, medical dermatology and venous disease.

No complaint is too small for Dr. Lloyd as she understands "that one little x" that a patient sees in the mirror every morning is driving them crazy. She wants both her male and female patients to feel comfortable and knows the male and female aesthetic concerns are very different. Many times a patient has a wedding or big life event coming up, and they need to look your absolute best. Dr. Lloyd's goal is to help each patient put their best skin forward and enhance your natural beauty so that you can be confident in their skin and can go take on the day without any hesitation.

She understands that some skin conditions, as well as the aging process, take time to treat and she motivates and encourages patients throughout their treatment.

Dr. Lloyd has published over 15 articles in peer-reviewed medical journals on various topics in the medical and cosmetic dermatological literature, recently co-authored a textbook chapter on Laser - Tissue interaction and has presented at many academic meetings including the annual meeting for the American Society for Laser Medicine and Surgery. Her research is focused on the treatment of skin cancer in organ transplant patients.

She graduated from UCLA Honors College with a Bachelor of Science in Biochemistry, received her medical degree from The University of Vermont College of Medicine, did her dermatology residency at Baylor University Medical Center in Dallas, TX where she was Chief resident and after residency she did additional training in laser and cosmetic dermatology, the treatment of venous disease and in skin cancer surgery and cosmetic reconstruction.

In her free time, Dr. Amanda Lloyd loves spending time and travelling with her husband Dr. Peter Lloyd, to locations where they can scuba dive and explore the underwater world. She believes that happiness is the key to life and hopes she can add some happiness to each of her patients' lives.